



The 24<sup>th</sup> Annual

# Virginia Liver Symposium & Update in Gastroenterology

**New Date** - August 1, 2020

The Westin Richmond  
6631 W. Broad Street | Richmond, Virginia 23230

Presented by VCU Health Division of Gastroenterology, Hepatology and Nutrition, and VCU Health Continuing Education

## A.M.

7:00 **Continental breakfast/registration**

8:00 **Welcome and announcements**

John Kuemmerle, MD, AGAF, FACC

## SESSION I

### Daily challenges in clinical gastroenterology

#### Educational objectives:

1. To identify and manage nutritional complications of various bariatric operations/interventions.
2. To understand the impact of pregnancy on natural history and management of IBD.
3. To understand how to manage acute diverticulitis and who needs surgery.

**Moderator:** Stephen Bickston, MD

8:05 **A GI's guide to the post-bariatric surgery patient**

Matthew Kaspar, MD

8:30 **Pregnancy in IBD**

Silvia Daniela Degli Esposti, MD

8:55 **Diverticulitis: Surgery vs. medical management**

Nicole Wieghard, MD

9:20 **Panel discussion**

9:30 **Alvin Zfass State of the Art Lecture:**

**What we do now for Barrett's doesn't work.**

**How can we change it?**

Nicholas J. Shaheen, MD, MPH

Objective: To understand the limitations of current treatment for Barrett's esophagus and how newer therapies can impact its natural history.

10:15 **Break with exhibitors**

## SESSION II

### Cirrhosis and liver transplantation

#### Educational objectives:

1. To understand NASH in the context of liver transplantation.
2. To understand how to recognize frailty and sarcopenia in cirrhosis.
3. To understand best practices in managing patients after liver transplantation.

**Moderator:** R. Todd Stravitz, MD

10:35 **Implications of NASH as the etiology of cirrhosis in the context of liver transplantation**

M. Shadab Siddiqui, MD

11:00 **Frailty and sarcopenia in cirrhosis: How to recognize and implications in management**

Scott Matherly, MD

11:25 **Care of the liver transplant recipient**

Hannah Lee, MD

11:50 **Liver transplantation for acute alcoholic hepatitis**

Vaishali Patel, MD

## P.M.

12:15 **Panel discussion**

12:20 **Lunch with exhibitors**

12:45 **Lunch workshop sessions**

**A. Noninvasive testing of liver disease severity:**

**Does anyone still need a biopsy?**

Richard Sterling, MD; Reena Cherian, NP; and Shawn Lewis, NP

Objective: To understand the use and misuse of noninvasive assessments of liver disease.

**B. Pearls in managing decompensated cirrhosis and HCC surveillance**

M. Shadab Siddiqui, MD; Hannah Lee, MD; Scott Matherly, MD; and R. Todd Stravitz, MD

Objective: To understand current management of decompensated cirrhosis, who and how to screen for HCC.

**C. Gut health**

Kristi Seay, RN and Ann Leggett, NP

Objective: To describe the connection between biology and the emotional response to stress, differentiate the effects of long-term stress on the body and gut, define how stress affects eating patterns, and identify how stress contributes to GI disorders.

**D. Tricks and tips in managing complicated IBD**

Stephen Bickston, MD; Jill Gaidos, MD;

and John Kuemmerle, MD

Objective: To learn the tricks and tips on managing patients with complicated IBD.

## SESSION III

### Advances in liver disease

#### Educational objectives:

1. To understand how to manage patients after they have been cured of HCV.
2. To understand current and future therapies for chronic HBV.
3. To recognize, understand the physiology, and current management of hepatic encephalopathy.

**Moderator:** Michael Fuchs, MD

1:45 **HCV: Life after cure**

Richard Sterling, MD

2:15 **HBV: Current and future therapies**

Norah Terrault, MD

2:45 **Hepatic encephalopathy: Update in pathophysiology and management**

Jas Bajaj, MD

3:15 **Panel discussion**

3:25 **Break with exhibitors**

## SESSION IV

### Recent advances in gastroenterology

#### Educational objectives:

1. To understand indications for EUS in diagnosis and treatment of gastrointestinal disorders.
2. To understand gender bias in gastroenterology.
3. To recognize GERD and evolving treatments.

**Moderator:** Ravi Vachhani, MD

3:40 **Update on endoscopic ultrasound: Indication for diagnosis and treatment**

Doumit BouHaidar, MD

4:05 **Gender bias in gastroenterology**

Sasha Mangray, MD

4:30 **Evolving treatments for GERD**

George Smallfield, MD

4:50 **Panel discussion**

5:00 **Final comments**

Richard Sterling, MD

## Course description and target audience

The Division of Gastroenterology, Hepatology and Nutrition, the Liver Transplant Program, and VCU Health Continuing Education are pleased to offer the 24<sup>th</sup> Annual Virginia Liver Symposium and Update in Gastroenterology in Richmond, Virginia at the Westin Richmond Hotel. The program is designed for primary care and sub-specialty physicians, and advanced practice providers who treat patients with gastrointestinal and liver disorders.

## Course objectives

- Discuss treatment strategies for the management of daily challenges in clinical gastroenterology.
- Review recent research advances and current literature of advances in treatment of chronic liver disease.
- Review recent advances and current literature in gastroenterology and hepatology.

## VCU Health course directors

### **Richard K. Sterling, MD, MSc, FACP, FACG, FAASLD, AGAF**

Hepatology Professor of Medicine  
Chief, Section of Hepatology  
Division of Gastroenterology, Hepatology and Nutrition

### **George Smallfield, MD, MSPH**

Assistant Professor of Medicine  
Division of Gastroenterology, Hepatology and Nutrition

## Visiting faculty

### **Norah Terrault, MD, FAASLD**

Professor of Medicine  
Chief, Division of Gastroenterology  
University of Southern California

### **Nicholas J. Shaheen, MD, MPH**

Bozymski-Heizer Distinguished Professor of Medicine  
Chief, Division of Gastroenterology & Hepatology  
University of North Carolina School of Medicine

## VCU Health faculty

### **Nicole Wieghard, MD**

Assistant Professor of Surgery

## VCU Health Division of Gastroenterology, Hepatology and Nutrition faculty

### **Jas Bajaj, MD, FAASLD**

Professor of Medicine  
Hunter Holmes McGuire VA Medical Center

### **Stephen Bickston, MD, AGAF**

Professor of Internal Medicine  
Director, Inflammatory Bowel Disease Center  
Associate Chair of Gastroenterology

### **Doumit BouHaidar, MD, AGAF**

Associate Professor of Medicine  
Director of Therapeutic Endoscopy

### **Reena Cherian, FNP**

Division of Gastroenterology

### **Silvia Daniela Degli Esposti, MD**

Associate Professor of Medicine  
Director, Women's GI Disorders

### **Michael Fuchs, MD**

Professor of Medicine  
Hunter Holmes McGuire VA Medical Center

### **Matthew Kaspar, MD**

Associate Professor of Medicine  
Director of Clinical Nutrition

### **John Kuemmerle, MD, AGAF, FACG**

Charles M. Caravati Professor of Medicine  
Chair, Division of Gastroenterology, Hepatology and Nutrition

### **Hannah Lee, MD**

Assistant Professor of Medicine

### **Ann Leggett, NP**

Division of Gastroenterology

### **Shawn Lewis, NP**

Division of Gastroenterology

### **Sasha Mangray, MD**

Assistant Professor of Medicine

### **Scott Matherly, MD**

Assistant Professor of Medicine

### **Vaishali Patel, MD**

Assistant Professor of Medicine

### **Kristi Seay, MSN, RN, CGRN**

Nurse Manager  
Alvin M. Zfass Endoscopy Suite

### **M. Shadab Siddiqui, MD**

Assistant Professor of Medicine

### **R. Todd Stravitz, MD**

Professor of Medicine  
Medical Director, Liver Transplantation

### **Ravi Vachhani, MD**

Associate Professor of Medicine  
Gastroenterology Fellowship Director

## Conference location

**The Westin Richmond Hotel is located at 6631 W. Broad Street, Richmond, VA 23230.** Complimentary parking is available.

Endorsed by the AGA Institute



## Accreditation and credit

### Physicians

VCU Health Continuing Medical Education is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

VCU Health Continuing Medical Education designates this live activity for a maximum of 8.0 **AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This Live activity, The 24<sup>th</sup> Annual VIRGINIA LIVER SYMPOSIUM & UPDATE IN GASTROENTEROLOGY, with a beginning date of 08/01/2020, has been reviewed and is acceptable for up to 8.00 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to **8 MOC points** in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program.

Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

VCU Health Continuing Medical Education awards 8 hours of participation (equivalent to **AMA PRA Category 1 Credits™**) to each non-physician participant who successfully completed this educational activity.

### Disclosure statement

In compliance with ACCME Standards, all planners and presenter relationships with commercial supporters have been resolved. All presenting faculty affirm that they will employ the best available evidence from all sources to support any clinical recommendations made in their presentations. If learners detect any commercial bias in any presentation, they should document their observations on the Activity Evaluation.

### About the Division of Gastroenterology, Hepatology and Nutrition

The Division of Gastroenterology, Hepatology and Nutrition has a long tradition of excellence in clinical practice, education and research, and remains dedicated to this pursuit of excellence. The scope of clinical operations and faculty expertise cover the entire spectrum of gastrointestinal and liver health and diseases. Special programs focus on esophageal disorders, gastrointestinal cancer, women's health, inflammatory bowel disease, intestinal failure, obesity, pancreatic disorders, fatty liver disease, viral hepatitis and liver transplantation and are part of some of the premier services offered here at the VCU Health System.

Along with a cutting-edge seven-room endoscopy suite offering advanced endoscopic procedures, the hepatology program remains one of the premier programs in the country. The GI Division at the Veterans Affairs Medical Center, has equally innovative clinical programs including endoscopic ultrasound, liver transplantation and inflammatory bowel disease. The GI Division has a long standing, multifaceted educational program with offerings for medical students, residents, fellows, community physicians and other gastroenterologists.

The NIH-funded academic training program is in its 40th year and has produced numerous leaders in the field of gastroenterology and hepatology. The impact of this division on the state-of-the-art of gastroenterology, hepatology and nutrition continues to be strong and can be assessed by both the quality and number of publications. In addition, numerous faculty members have research funding from the NIH and/or the Department of Veterans Affairs. Thus, the division remains strong and committed to being a fertile training ground for future leaders in gastroenterology.

# Registration

Register online at [vcu.cloud-cme.com/liver](http://vcu.cloud-cme.com/liver)

### Early Registration – ends 7/01

\$225	Physician (includes MOC)
\$125	Non VCU-Residents & Fellows*
\$125	Healthcare Providers (non-physician)
\$85	Non – GI/Hepatology Research Staff <i>Subject to Department approval</i>

### Regular Registration – after 7/01

\$250	Physician (includes MOC)
\$150	Non VCU-Residents & Fellows*
\$150	Healthcare Providers (non-physician)
\$110	Non – GI/Hepatology Research Staff <i>Subject to Department approval</i>

\* Residents & Fellows not affiliated with VCU Health System or McGuire VA Medical Center must provide letter of verification from Program Director

### Cancellation policy

Registration fee, less a \$60.00 non-refundable administrative fee, will be refunded only if written notice of cancellation is received via email to [ceinfo@vcuhealth.org](mailto:ceinfo@vcuhealth.org) **on or before July 10, 2020**. There will be no refunds after that date.

### Conference questions or special conference accommodations

VCU Health Continuing Education | Box 980048 | Richmond, VA 804.828.3640 | 800.413.2872 | [ceinfo@vcuhealth.org](mailto:ceinfo@vcuhealth.org)  
*If special accommodations are needed, please contact us at the phone or email address above. VCU Health is an equal opportunity/affirmative action employer.*

Minimum and maximum numbers for attendance at this event have been established, and we reserve the right to substitute speakers/topics, adjust credit hours, or cancel if necessary. By attending this event you grant VCU Health CE the right at the event to record, film, photograph, or capture your likeness in any media and to distribute, broadcast, use, or otherwise disseminate, in perpetuity, such media without any further approval from or any payment to you.